



The Sports Performance volleyball program is completely dedicated to providing its athletes with the technical, tactical and physical training to reach their highest possible potential. We will strive to help each and every player regardless of age or ability to achieve maximum performance.

**“COMMITMENT TO EXCELLENCE”**

## **Sports Performance Program Updates**

### **Practice Updates**

**Thursday, May 6<sup>th</sup>** the 18 Elite team will be talking to the high school athletes in our program about their experience in Japan. We will also be showing a video highlight of some unbelievable training and competition footage. The meeting will take place during practice.

**Friday, May 7<sup>th</sup>** we will be having a Sports Performance staff meeting at 8:30 pm so the following teams will end practice early: 15 Club teams, 14 Boys and 13 Boys. Practice will begin at 7:00 as usual but end at 8:30 pm. We feel this meeting is very important for our staff to cover some important issues and need all staff in attendance.

**Friday, May 14<sup>th</sup>** there will be **NO PRACTICE** for 18's, 17's, 16's, 15's, 14 Elite, 14 Red, 14 Boys and 13 Boys. We will be shooting a new video tape and we need the entire facility. Rick will be asking several players in the 18's, 17's and 16's to assist during the shoot but for everyone else enjoy your Friday night OFF!

**Monday, May 31<sup>st</sup>** there will be **NO PRACTICE** due to the NJC tournament using all the courts. This includes the 11's, 10's and mini's who practice at IBA on Monday as we will be using that site as well for the tournament.

### **Last day of practice**

12's, 11's, 10's and mini's	Thursday, June 3 <sup>rd</sup>
13 Club teams	Tuesday, June 1 <sup>st</sup>
13 Red	Wednesday, June 2 <sup>nd</sup>
13 Elite	Monday, June 14 <sup>th</sup>
13 Boys teams	Friday, June 4 <sup>th</sup>
14 Boys teams	Friday, June 11 <sup>th</sup>
14 Club	Tuesday, June 1 <sup>st</sup>
14 White and Blue	Thursday, June 10 <sup>th</sup>
14 Elite and Red	Monday, June 14 <sup>th</sup>
15 Club teams	Friday, June 11 <sup>th</sup>

### **Last day of practice cont....**

15 Elite team	Thursday, June 17 <sup>th</sup>
15 Frosh, Red and White	Monday, June 14 <sup>th</sup>
16's	Friday, June 18 <sup>th</sup>
18 Elite, Red and White	Thursday, June 17 <sup>th</sup>
18 Blue, Navy and 17 Mizuno	Friday, June 18 <sup>th</sup>

NOTE: There will be some practice dates added for those teams attending AAU's and that information will be sent home to those teams in the next week or so. The 18's, 17's and 16's have already received their June training schedule.

### **Sports Performance Evaluation Camp**

We ask that anyone interested in trying out for the Sports Performance program next season to attend the SPVB Evaluation Camp which is June 27<sup>th</sup>- July 1<sup>st</sup>. This camp is a 5 day evaluation camp for athletes who will be in 7<sup>th</sup> grade in the fall or older.

We also would suggest the following camps to attend for our players: (note grade in the fall of 2010)

1. BU Setting Academy I (highest level camp for 10<sup>th</sup> graders and older)
2. BU Setting Academy II (2<sup>nd</sup> tier camp for 8<sup>th</sup> – 10<sup>th</sup> graders)
3. GLC Intermediate Setting Camp (higher 7<sup>th</sup> grade level – 10<sup>th</sup> grade)
4. BU 1<sup>st</sup> Contact Academy (high school athletes)

There are several others but these are the top camps to attend! For all camp information go to [www.greatlakescenter.com](http://www.greatlakescenter.com) and go to the 2010 camp link.

### **National Junior Classic (NJC) and Sports Performance Youth Classic**

All of you should have received the schedule for the players in 7<sup>th</sup> grade and older for these two weekends. If you did not it is posted at [www.greatlakescenter.com](http://www.greatlakescenter.com) on the SPVB girl's home page. You should also have received the email that was sent out about parent volunteering, which is 2 hours, one or both parents on any of the 5 days. We understand that everyone is busy at this time of the year with graduations, confirmation, parades, etc... but we hope all of you will volunteer your time as asked when you joined the program. We could not run these two major events without everyone doing their share, so thank you.

***Great news! The Dominican Republic Jr. National team will be attending the NJC. They are one of the top teams in the world! They will be training with us a few days before the tournament as well. We will keep everyone posted if we are going to open up practice for our younger players to come in and watch with their parents.***

## JVA Youth Gala

All the teams sounded like they had a great time and enjoyed the experience. We had great feedback from many of you so thank you for taking the time to email us. We want to thank those of you who attended the event and for representing the Sports Performance program as a 1<sup>st</sup> class program. Love the group photo posted on the website!

## Group training lessons

Lessons will begin August 1<sup>st</sup>. Dates, times, staff, etc... will be posted by June 1, 2010 for you to view and register for. We have no lessons prior to that date due to not have any court space or staff due to camps.

## Individual and Team Pictures

We have handed out or mailed all pictures to everyone who ordered them. If you are missing your order please contact John Parkinson at [parkinson@tssphotography.com](mailto:parkinson@tssphotography.com) directly so he can assist you. It is easier if you work directly with him instead of going through me as the middle man and it is one less thing I have on my plate as the season comes to an end!

## AAU travel

You will be receiving a detailed travel letter next week with final cost for the trip, home addresses for each team, list of house mom for teams in the 16's and younger and other tournament information. We have to get payment within the next week or so because we have purchased over 450 airline tickets for all of our teams attending and prepaid for the homes. We will put team work credits towards this trip so you will get that information as well.

## 15 Club teams

As I stated in an email a week ago I completely forgot that you are NOT going to AAU's where I was going to apply your team credit for working. My assistant, oh that is right I don't have one, forgot to remind me that you needed to have your credit go towards the Kentucky trip instead. So.... we are going to issue each of you a check for this amount and we will send it to your parents. If you have a balance due on your account we will put that amount directly to that outstanding balance so you will not receive a check. This will be given to all players who went to the Bluegrass tournament in Kentucky so please look for that to come in the mail by the end of next week. Again, I apologize for this error; it is time to find a new assistant☺

## Sports Performance Year End Party

Yes, it is that time of year again. We can't believe another season has come to an end. Please mark your calendars for this fun night of skits, food, music, spirit award winners and saying good bye to our senior class. The party is for players, parents, brothers, sisters and coaching staff.

**Save the date: Monday, June 14<sup>th</sup> 7:00 – 9:30 pm.**

**What to bring: SPVB Year End Party**

12's, 13's, 14's and 15's

appetizers to feed 10-12 people

Mini's, 10's, 11's, 16's, 17's and 18's

dessert to feed 10-12 people

We will supply water, coffee and juice

We wish all the teams the best of luck as the season comes to an end,

Rick and Cheryl Butler

Sports Performance Club Directors