

2011-2012 Sports Performance Girls Master Coach List

Rick Butler: 18's, 17's, 16's, 15 Elite

Rick is the founder and co-director of the Sports Performance Volleyball Club. He has led the Sports Performance 18 Elite team to 30 national age group championships and has overseen the training of over 500 Sports Performance alums who have gone on to play collegiate volleyball.

Troy Gilb: 15 Club Level Teams

Troy is an associate club director for Sports Performance and is entering his 5th season with the club. He has spent the last two years coaching with the Sports Performance 18 Elite team winning the Gold and Silver Medals at the AAU National Championships in 2010 and 2011. He is an outstanding technical coach and travels extensively to do camps and clinics. Troy will be coaching the Sports Performance 15 Elite team in 2012.

Cheryl Butler / Erik Vogt: 14's-13's (All Teams)

Cheryl is co-director of the Sports Performance Volleyball Club and is considered one of the finest junior coaches in the United States. She has over 25 years of elite level coaching experience and is an outstanding teacher of skills.

Erik led the Sports Performance 16 Elite team to an exciting 3rd place finish in the 16 Open age division at the AAU Junior National Championships in Orlando, Florida this past June. He will be coaching the 16 Elite team once again during the 2012 season.

Janie Tomasek: Youth age groups (12's, 11's, Mini-Volley)

Janie is a graduate of the Sports Performance program and Elmhurst College. She is the director of our Youth Development program and will also coach the Sports Performance 14 Elite team in 2012.

Why Is A Master Coach Important?

An experienced Master Coach oversees the entire training environment including the writing of each practice plan and the implementation of that plan. A skilled Master Coach also ensures that all techniques are taught in a proper and systematic manner. Only by having "Elite Level" Master Coaches can any program guarantee that all athletes regardless of the team they are playing on will receive the same high quality instruction. Otherwise, each player is at the mercy of the level of their individual team coach who may or may not have the ability to teach at the highest levels and bring out the best in each athlete.